

# Contents

Life Is A Garland Tying Man Together	3
Life Is Short	4
Life Teaches Us Lessons	<del>6</del>
Life's Challenges	
Listen	
Living On The Surface	9
Look In The Mirror	
Love Is The Great Mystery	11
Love The Diversity	
Magic Is All Around Just Waiting To Be Seen	
Man Climbs The Stairway Of Life And Gets Very Frustrated	
Man Is Living In A Prison	

### Life Is A Garland Tying Man Together

Life is a garland tying man together.

We use the string and create such a tangle.

We say this is my string and we pull from different angles.

This is mine or I'm right and you are wrong.

What is the matter?

Are we smart when there is simply one string and we create such a mess?

Each of us has to untangle ourselves from the mess we have created.

Then and only then will man really become free.

Then we will see that the needle of life cause no pain but man in his own ignorance creates the pain.

#### Life Is Short

Life is short. We come into this world. When we were young summers lasted for eternity. As we grow older the years just whiz by. Before you know it you are passing away. Where does time go? Did we miss something along the way? Have we forgotten our true nature? What did I do with this life? There is no judgment. God does not judge you. God does not condemn you. All we are saying is the secret to life is inside of you. That's how simple it is. Ponder these words. You can solve this puzzle.

#### Life Teaches Us Lessons

No matter who you are or you age life teaches us lessons.

Every step of the way we learn or we don't.

Nobody gets a free ride.

The lessons are custom made for us.

They are made to make us strong and yet humble.

It's like learning to play the guitar of life.

The strings can't be high-strung or too loose.

Each and every moment we are learning how to respond to events around us.

The masters taught us to stop, look and listen.

Before you speak a word what are you doing?

You can master the words that come out of your mouth.

Most people, unfortunately, don't have a clue.

They just say what comes to their minds.

### Life's Challenges

We all have challenges in life. They are meant for us to become strong. Remember this is a game of life. We came here to learn and overcome life's challenges.

Because it is a game God is our coach.

He will not play the game for us.

You alone are the central player.

God is on the sidelines.

You may say if God is on the sidelines I have never seen him.

Maybe you are looking in the wrong place.

The great masters have said to look inside your heart.

There lies your greatest coach.

Oh, you will still have challenges in life.

But your perception of them will be different.

That mountain will now appear to be a mole hole,

Oh, I can master this challenge.

Learn how to embrace life's challenges.

Learn to solve this puzzle.

#### Listen

Sit still and listen.
Can you hear the sounds of nature?
Can you hear the whispering of the wind?
Can you hear the waves breaking on the shore?
Can you hear the birds chirping?
Can you hear children laughing in the wind?
Can you hear the rain?
Nature is talking to us.
Maybe it's about time we listen.

# Living On The Surface

Are we just beings who are living on the surface?

We have our 9 to five existences.

We are babies, became teenagers and then adults.

Do we ever get in contact with our emotions?

Do we ever get in contact with our feelings?

Do we ever get in contact with our various personalities that lie within?

Do we know our inner child?

Our being is simple yet at the same time extremely complicated.

There are so many different aspects of us.

Most of the time we dwell only on the surface level.

Hi! How are you? I'm fine.

In order to truly live we have to dive deep into our subconscious.

We need to know all levels of the sea.

From the top to the bottom.

We will become human beings.

### Look In The Mirror

Look in the mirror.
What do you see?
Have you forgotten who you are?
Where has your love gone?
Why are you so angry?
Do you still hold on to your dreams?
The mirror reflects our life.
How does one change?
First look in the mirror.
When was the last time we looked at ourselves?
We must first know that we want to change.
That's the first step.

### Love Is The Great Mystery

Love is the great mystery.

The entire universe is created by love.

Isn't that incredible?

Love creates the universe.

You are the universe.

You are love.

You are the sun, moon, and stars. Yet have we forgotten our true nature? What happened?

This is the great mystery that is meant to be solved. All the great masters have said you can solve it. Remember the kingdom of heaven lies within.

> Ponder over these words. You can solve this riddle.

#### Love The Diversity

Love the diversity. Look how diverse nature is. Look at how many different flowers there are. Well, what about the weeds? Do they have a purpose? Many of the best herbal medicines are weeds. Do the flowers fight one another? I don't think so. Love the diversity of man. We are all so different yet we are the same. We came from God every one of us. How dare we mock one another due to our religions? We should rejoice in the many paths. Remember all paths eventually go home. We need to celebrate and enjoy the diversity of all. You are the universe. You just don't know it.

# Magic Is All Around Just Waiting To Be Seen

Magic is all around just waiting to be seen.
In the midst of our pride, we can not see.
We think we know all of the answers so we don't even pray.
Man is lost but he thinks he is found.
Man is drowning in this world but he says I'm all right.
Well, this cycle goes on forever.
Well, man eventually be set free.
Only man can decide.

#### Man Climbs The Stairway Of Life And Gets Very Frustrated

Man climbs the stairway of life and gets very frustrated.

He looks for satisfaction but never quiets find it.

Man is tired but can't find sleep.

Alone at night, he prays for answers.

There is an elevator within that man can take.

It doesn't stop until man reaches his true home.

Stop and enjoy the ride.

The whole universe is spinning right between your eyes.

The secret of life lies within.

The mystery of this riddle lies in your heart.

Be like a child and discover your youth.

Your true father and mother are keeping you alive.

Relax and enjoy the sweetness of breath.

## Man Is Living In A Prison

Man is living in a prison.

He is living in the prison of his mind.

He thinks that he is better than one another.

I'll show you who is better.

A war begins.

Man is not very tolerant.

My race is the only race.

My religion is better than yours.

God governs my country.

Your country is governed by the devil.

How narrow thinking?

We put ourselves in boxes.

We are prisoners of our own design.

God did not place us in our prisons.

We did.

Look beyond your beliefs.

Look beyond you ideas of what is truth?

Be open to the universe.

Everyone has a truth to tell.

Listen to both sides of the story.

They're both talking about the same thing.

Walk in the other person's shoes.

They will fit.

Open your prison's wall.

Tear them down.

You will become free.